

On the way to reality

NOOSPHERIC SPIRITUAL TEACHING



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NOOSPHERIC PARADIGM

The noosphere-integrative paradigm provides a reasonable perspective for man and mankind, for it confirms that the noosphere is "a part of the biosphere organized by civilization."

Noosphere - the highest stage of [the biosphere evolution](#); the sphere of interaction in the metasystem "nature - society - [man](#)", within which anthropogenic, rational activity acts as a determining factor in the development of being in the world.

A paradigm is a concept adopted in this scientific community as a model for the formulation and solution of research problems.

The noosphere paradigm is a modern state of spirituality that orientates a person to the principles of harmony, rational regulation of all global processes and a measure of a person's responsibility for life on Earth.

We'll talk about this in more detail now.

A man of the third millennium today must understand that he is responsible for [the](#) situation that [has developed](#) not only in his life, but also in the lives of others, namely: that there are neither bad events nor good ones. Everything that happens on his path of life is destined in his thoughts and actions. A person should carefully, without complaining, sort out the events at the level of their education and intelligence. The ability to hear and listen to relatives, employees, passers-by relieves the person from the negative energy influences of those around him. From the pilot studies conducted by me, it was revealed that even diseases were given to a person so that he would stop and think: whether he lives correctly, thinks correctly, whether these emotions are needed, which he sends into space at this moment. An example is your personal life.

The ability to control your emotions, feelings leads a person to solve all problems. Here are some examples of how to do this.

The first is to analyze why this person reacts negatively to words or actions. Do not blame those nearby, but think for yourself what you are doing wrong, what [you are saying wrong](#).

As a rule, especially in the family, everyone blames the other, but not himself. Mother blames children, children blaming parents. But for some reason, we deliberately look for reasons in others, but not in ourselves, we demand from others that which we ourselves cannot.

The second - it will be fair if you put yourself in the shoes of another: what would he do in this situation?

Relations in the family, in the workplace between people would be completely different if everyone complied with these two rules. Try one day to live by these rules. You will not only change your view of the world, your relatives and employees, but you will notice that your physical health will also change for the better.

Demanding from others what you want, you give up your energy forces, therefore weaken yourself. The metabolism of the cells of the physical body is disrupted, all the systems of the physical body begin to work in disharmony - this is one of the causes of the formation of a malignant tumor. Do not try to force another to do, think and think like you.

Third - the main reason for the degradation of society is that **each person does one thing and thinks another**. There is a gap in the balance between the biosphere and the noosphere. This is one of the reasons for the collapse of the Soviet Union. After all, we said one thing, thought another, and did the third. Based on pilot studies of different groups of people, it was revealed that if you strictly follow the third rule, then you can maintain the harmonious work of all the systems of your physical body - respiratory, immune, hematopoietic, digestive, lymphatic, nervous and others. They will successfully cope with your workloads.

I believe that it is possible to stop the process of physical and moral degradation of society by developing and implementing the noosphere-integrative paradigm of spiritual rebirth.

MASLOW`S PYRAMID

At the level of social being, man ceases to be a direct being. His life activity is determined by the totality of social relations, from political to religious, into which he enters as a person, as well as activities that are carried out in the format of one of the declared relations. This may be political activity, legal, scientific, religious or other activity in the field of spiritual production, or maybe production activity in the sphere of material production. The individual must satisfy his vital needs, and he begins by giving the "human form" to everything that he touches, everything that he uses to satisfy his needs.

In other words, a person's history at the level of social being begins with the realization of those problematic situations that stand in his way of satisfying needs.

To the vital needs of man at this level are added social needs, which are expressed in labor, communication, wealth, prestige, power, comfort, entertainment, pleasure. Human needs carry a sociocultural burden. Natural, natural meanings and content of needs are not discarded, they remain the base, the "primary substance" on which society builds a building of human needs and meanings.

The pyramid of needs is the common name for the hierarchical model of human needs, which is a simplified presentation of the ideas of the American psychologist Abraham Maslow, who believed that these needs can be divided into five main categories:

- physiological: hunger, thirst, sex drive;
- existential: security of existence, comfort, constancy of living conditions;
- social: social ties, communication, affection, caring for another and attention to oneself, joint activities;
- prestigious: self-esteem, respect from others, recognition, achievement of success and high appreciation, career growth;
- spiritual: cognition, self-actualization, self-expression, self-identification.

As they meet the underlying needs, higher-level needs become increasingly relevant. But this does not mean at all that the previous need is replaced by a new one only when the former is fully satisfied. Needs are also not in an inextricable sequence and do not have fixed provisions. This pattern is the most stable, but for different people the mutual arrangement of needs may vary.

A set of vital needs is given to a person by genetics and determines his life, ensures the functioning of his body. At the level of the individual, needs and values are given to man. In this case, the determination is not internal, but external. A person accepts the need for these needs, translating the arrows of external necessity onto the rails of internal needs. He accepts some need, but ignores some, leaving the right to choose. This right is determined by the state of the third level of human being, the state of his spirituality.

I believe that every person should understand himself, determine his place on Earth. To do this, he must understand who he is. Let us give an example of a variety of birds: eagle, sparrow, swallow, seagull, cuckoo, magpie. By comparing ourselves with the species of birds, we help to determine our place in society and get rid of envy. The eagle's nest is inconvenient for a sparrow.

It is located high, too spacious, uncomfortable and blown by all the winds. For a comfortable existence, a person needs to determine his level in society, above which an unstable internal state appears.

I suggest listening to yourself. Speaking of another, we are talking about ourselves. We can discuss an outsider only in our categories, depending on the level of our upbringing and education.

When the wife begins to discuss her husband or her children, she should take a pencil and write down on paper all the negative epithets with which she has just "awarded" her loved ones. Further analysis of what was addressed to them will help correct the situation, that is, change the vision of what is happening in order to change the behavior of others.

It depends only on us how we live. If a person grumbles at his fate, at his position in society, but does nothing to change the current situation, that is, does not change his vision of the issue, then he will continue to plunge into the world of unresolved problems, turning from the direct prospectus of his fate. This determines our state of spirituality when we understand and accept our position in society, the situation we are in, changing ourselves, not hoping for anyone. Change yourself - and the world will change around you.

Do not engage in pseudo-spirituality. Many go to church, beg and buy health and well-being. Yes, it can be done, but first you need to look at the world in a different way. Feel your illness and analyze the misfortunes that are happening to you, while maintaining a sense of gratitude and justice to others. For example, you have a headache. Summing up the day. What did you think you wanted to do, what happened. If your head hurts, then you need to simplify your goals. Your impossible obligations, regardless of well-being, are a headache. Ask yourself if all of this is necessary. Perhaps it is necessary for the necessary event to happen. But you are in a hurry, speeding up time. Or maybe you need to wait? Do not demand a quick solution to all problems. There is a physical quantity on our planet called time, which must always be taken into account. Be patient. Let yourself rest, leaving your problems at the doorstep of the office or at the doorstep of the house. Sometimes, as in a fairy tale, "morning is wiser than the evening." Better to stand still than to go the wrong way, accumulating problems. This is the third level of a person's life - when he is in a state of satisfaction for every second lived and at the same time is aware of the committed actions.

Everyone comes to this world for positive emotions. He himself decides what kind of education he wants to receive, what emotions to expect from his parents. It is laid on the spiritual level of the nascent soul. A man comes already with a stock of lived years of past incarnations. He chooses his parents. And in life can change everything, but not the place of birth and date. From childhood, the child manifests his character, talent, intellect. Of course, parents should take care and protect their child. Nowadays, all mothers ask their children: "What do you want to eat or wear?" But they do not ask: "What do you feel?" They do not teach children to take care of their parents. For them, the main thing is that the child is dressed, fed. Or maybe he should stay hungry, but listen to the tales that his mother reads to him? Mom, with her pseudo-love, wants to intentionally control the behavior of her son or daughter, and for them, perhaps it is more important to take care of the mother. [The road to hell is paved with good intentions](#). You constantly hear: "I have done so much for my husband, for my son, and they are ungrateful." I draw your attention: only an evil, selfish and pseudo-spiritual person can speak such words.

HEURISTIC POTENTIAL OF SPIRITUALITY

This approach provides the opportunity to obtain the concept of "spirituality" and to demand its heuristic potential (instrumental, operational capabilities), considering spirituality as the core of a person's inner world - the result of the manifestation of his will to power himself. This makes it possible to look at the world differently, to feel it differently, to take an active part in its constructive transformation with a focus on the provision of good, while maintaining conscience and honor, a sense of solidarity and justice.

This condition declares itself as the core of the inner world of a person who is able not only to look at the world, but also to see it, feel and experience this world differently than at the level of an individual or person. The level of human being forms his personality, the right to choose and bear responsibility in each case. Individuality provides a person with the status of a representative of his time.

The society makes a person a social being. He breaks the natural isolation of the individual on himself and closes it on others. Theoretically, the essence of a person in the status of a person is already manifested in the fact that he is able to renounce his animal egoism, to take control of a biological organization based on the manifestation of the "will to live". As for the practical manifestation of the essence of man, it depends on the state of spirituality of a particular person in the status of his individuality.

SPIRITUALITY is the core of a person's inner world, the result of the manifestation of his will to power himself. It gives him the opportunity to look at the world differently, to feel it differently, to take an active part in its constructive transformation with a focus on ensuring health, while preserving conscience and honor, feelings of solidarity and justice.

In earthly reality, everyone should understand that there are no bad or good situations. Everything that happens to a person reflects his real situation in the physical world to strengthen his character, endurance, for the development of intelligence, for the realization of man in society.

I believe that a person should soberly evaluate all the events that happen to him, and not grumble against God, the government, his relatives and friends.

When a person speaks of another, he speaks of himself. He must understand, listen to himself, that is, correct his negative behavior by changing himself. It will be the path to your mind, to your soul in the real world. A person must learn: in our life, in all situations that happen to us, there is neither bad nor good.

There are simply events in which a person takes part, and situations that are necessary for this person. When a person understands this, he will live in a completely different way and think differently, since each thought will return to him in a corresponding situation with a boomerang. If you want to assess the situation you are in, look around you, analyze the lives of your housemates, work colleagues, your friends. Pay attention to what they are unhappy about, about whom or what they say negatively, and correct it in yourself.

Listen to yourself when you talk about other people's actions, and first of all, evaluate your behavior in relation to an event or another person.

Woe, trouble, illness, loss - these are the consequences of your previous actions and thoughts. It is necessary to transfer them with dignity, remembering that you must think and act differently, and then this will not happen again. Think about how you can change yourself. This will be the result of the manifestation of your will to power over yourself, that is, the core of your inner world.

LIFE AND SUFFER

At one time, the Buddha in the Benares sermon spoke of four noble truths that changed the worldview of a significant part of the world's population. All existence is suffering, Buddha noted. The world is full of misery. In it there are diseases and deaths, separation from those who are dear to us, mental anguish. Suffering has a reason that is inherent in the person himself. The human mind craves pleasure, fame, power, wealth. Without something, a person suffers, envying the one who owns [large](#). Having received the desired, he still can not calm down, because he does not want to be content with what he has. Suffering can be stopped, for this you need to free yourself from attachment to life. But that does not mean to die. The point is to rejoice at what you have, not to depend on this possession, not to be attached to it and to let go of the world that leaves ... There is a way leading to getting rid of suffering. This is the noble middle octal path, consisting of the right view, the right intention, the right speech, the right behavior, the right way of life, the right effort, the right mindfulness, the right concentration.

ECOLOGY OF THOUGHT

Our thought processes are much more closely connected with the physical world than many assume.

David Pitt, Physicist at Queen's University of Canada.

I came to this conclusion in 1986, after a terrible event - an explosion at the Chernobyl nuclear power plant. Everyone then started talking about the ecology of nature, about the ecology of nutrition. But I realized that the most important thing is the ecology of thought.

The 21st century has prepared anthropological traps: identity crisis, media manipulation of consciousness, humanization, hegemony of mass culture. I believe that today each of us is on the verge of Spiritual awakening, we are responsible for our thoughts. They affect not only the situation around us, but also our well-being. The prevailing views do not fully explain such familiar natural and social phenomena as good and evil, light and darkness, thought and word. Attempts to explain them from the point of view of any one science inevitably give a distorted, incomplete and one-sided picture.

When considering ecology as a related science of biology, which deals with the study of living beings and their environment, an integrative approach is needed, concentrated in new gnoseological points of view, which are sometimes unusual in nature.

This relatively new branch of knowledge has focused scientists on the structure and functioning of not individual mechanisms, but biological complexes. And although the notion of “ecology” was first introduced by the famous German naturalist and philosopher Ernst Haeckel (1834–1919) to define the field of biology that studies the relationship of organisms with the environment, this term was almost never used until the early 1900s.

The systemic concept of the biosphere should have arisen in the bowels of ecology, which arose at the turn of the XIX – XX centuries. However, in reality, everything was different. The first to come to a modern interpretation of this concept was not a biologist, but a minerologist, the founder of geochemistry, an outstanding Russian scientist V. I. Vernadsky (1863–1945). In lectures published in 1926 under the general title “Biosphere” he put forward the idea of a holistic world in which living matter (the film of life) is combined through a system of biogeochemical cycles with the atmosphere, hydro- and lithosphere. The shell of the Earth, in which biochemical processes take place, he proposed to call the biosphere. Vernadsky wrote: “On our planet in the biosphere there is not life, independent of the environment, but living matter, that is, a set of living organisms that are closely connected with the surrounding environment of the biosphere - a powerful geological factor from the biosphere is inseparable.”

Until in the late 1920s, Vernadsky came up with the idea of the biosphere and noosphere as a single, integral entity that forms the face of our planet, and Arthur Tensley, a British botanist (1871–955), did not introduce the concept of ecosystem, which is crucial for ecology, the world seemed to most people open and almost limitless in which a person can act as he pleases, adapting and redrawing it to his needs. The results of the research seemed infinitely far from everyday human concerns and deeds to everyone. It took almost a century for this relationship to become apparent, and the terms “biosphere”, “noosphere” and “ecosystem” came into our everyday life along with such concepts as, for example, “privatization”, “indexation” and “leasing”. Because between the awareness of a person’s dependence on the environment, on aggression in his thoughts and the understanding of the whole danger of degradation of this environment in the future, there is a great distance that must be overcome.

The human **intelligence** is tensely seeking an answer to a historical challenge, mobilizing spiritual resources. In the third millennium, irreversible evolutionary changes occur on the planet and in space, as well as in each of us.

It should be noted that a consumer society has led a person to spiritual degradation. As the modern world is drawn into the processes of globalization, the question of possible models of civilizational development in the near future becomes more acute. There are many projects, and even more projects. Time is the best judge. It will put everything in its place. But time does not wait. Procrastination is dangerous by the victory of elemental forces when chaos takes the place of space, and the place of nomos (Nomos is the god of laws, decrees and decrees in ancient Greece) is **an anomy - lawlessness and arbitrariness**.

The importance of the individual at the stage of civilizational progress is constantly growing in all spheres of life: in the system of economic, industrial, social, scientific, technical, organizational and managerial and other relations. In essence, this is a two-way process: the individual cares about the welfare of society, and society - on providing the individual with opportunities for its development, which implies the mutual responsibility of society and man. With free will, free speech, human activity can manifest itself in both positive and negative forms. The process of personality development in the aspect of its existence in society can and should evolve from Homo sapiens to Homo spiritus.

A conscious positive reaction to stress can prevent the disease. At least five to ten years will pass - **and everyone will become afraid to admit to their chronic diseases.** Because illness is a characteristic of a person's lifestyle, way of thinking and acting.

Also, scientists have proven that negative thoughts kill the heart. For example, people who like to discuss leadership and each other for no reason at risk of getting a heart attack and other illnesses. The fact is that when they gossip or criticize someone, they have negative thoughts, the number of neuropeptides that participate in the metabolism of fats and turn them into lipoproteins increases in the body.

Lipoproteins, as a rule, are divided into ordinary and low-fat (beta-lipoproteins). The latter are more dangerous, because they contain a large amount of cholesterol, the excess of which is deposited in the blood vessels. Thus, gossip leads to a decrease in blood vessel throughput. Subsequently, this can lead to an increase in blood pressure and even heart attacks.

Dr. Garbans Wazir also came to the conclusion about the irrefutable harmfulness of unpleasant thoughts for patients with cardiovascular diseases. He noted: "When a person is angry, adrenaline and norepinephrine are released into his blood. This leads to increased heart rate, increased pressure, which can also harm an already sick heart. " He notes that positive thoughts and actions, as well as physical exercises determine the release of nitric oxide into the blood. This compound has healing power and ensures the preservation of health.

The ability to forgive protects the heart from a heart attack. The heart is connected with intuitive perception. A person must understand that negative impulses are generated not only as a result of certain actions. Thoughts can influence this. If a person is angry or very upset, he should certainly make an effort to eliminate negative thoughts. You need to direct your thoughts in a positive direction, prepare yourself for new achievements, think about those you love or those who love you.

The results of pilot studies of scientists, members of the International Academy of Spiritual Sciences, have shown that existing mental-thought programs at the psyche level actualize the relationship between the Word and the Cause. They pass information through a "filter", discarding what does not meet a specific criterion or stated goal. Psychologists believe that positive thought forms are hundreds of times stronger than negative ones, because the brain tends to operate with positive thoughts. Correctly formulated thoughts for the fulfillment of desires have an amazing ability to come true most likely. They program success. The desired result is created first in thoughts with all the details, to the smallest detail, which allows you to feel and experience it long before it actually arises.

The ecology of thought is focused on the oblivion of the subject of their troubles and failures, resentment and hatred. It cultivates the need to think only with "images" of success, love and joy. Human intelligence displays the scientific and aesthetic principles of each national culture.

What is the most important thing today and in the foreseeable future? Self-improvement of a person. At a time when awareness comes of who you are and who you are, the true development and preservation of national culture begins.

Member of the International Academy of Spiritual Sciences, professor of Moscow Humanities University, doctor of biological sciences, candidate of physical and mathematical sciences, candidate of chemical sciences Stanislav Valentinovich Zenin declares: "Our mental activity can influence both the development of mankind and the world process as a whole. This places the greatest responsibility on the quality of the information contained in our thoughts. "

Scientists have proven that intuition and perception give rise to inspiration. The root of all environmental pollution and human diseases lies in toxic thought waves. Therefore, everyone is responsible for the purity of their own thoughts, observing the ecology of thought. Recall the work of Alexander Leonidovich Chizhevsky (1897–964), biophysicist, founder of heliobiology. Cosmism was the targeting core that led Chizhevsky to a number of outstanding discoveries. This direction includes the biological and social evolution of man in the framework of universal evolutionism — from the fluctuations of the vacuum that gave rise to our Universe to the global problems of modern civilization. Chizhevsky formulated his understanding as follows: "Humanity inhabiting the Earth is under the constant powerful and complex influence of the cosmos, which we only learn to grasp with difficulty and understand. But for us there is no longer any doubt that

the vital activity of both the individual and all of humanity is in close connection with the vital activity of the entire Universe. ” Chizhevsky’s worldview ideas played a role in developing his concept of the influence of space factors on geophysical, biological and social processes. He showed a close connection of the rhythmic changes of these processes with the cycles of cosmic, in particular solar, activity. Solar flares imperceptibly transform the electroneuromolecular system (human body) at the subtlest levels.

Let us turn to the works of V.I. Vernadsky, who wrote that the noosphere is designed to transform cosmic energy into the mental structures of each. The mind has relative and absolute levels. The absolute is called perfect harmony. Relative — the vision of a certain process. In order to be able to see in harmony, God (Allah, the Creator) reveals the meditative state of the Mind of each person in his daily life in everyday life.

Based on the foregoing, I note that prudence, caution, that is, everything that relates to the culture of our mental activity, is extremely necessary to apply in everyday life. The ecology of thought will become natural only when an appropriate high moral state is reached in the cultural and educational sphere of human communication.

But the most important thing is that a person should understand what he should think with positive thought forms, within the limits of his intellect and his abilities. A person must realize who he is in society, what place he occupies. The person has subtle sense organs that are underdeveloped, he does not care about his thin-energy body, since his pollution and groomedness is not obvious to him or others. If he does not have any real idea of the spiritual world, distant, incomprehensible, which is connected either with God, or with the Angels, then conversations about the spiritual world refer to the professional rhetoric of “worshippers”.

The starting point of the concept is the thesis that each individual uses his own life strategy, on which the thought forms that arise in consciousness depend on many things. An optimistic or pessimistic approach to life or work lays in metaprograms. Metaprograms determine the development of a person and his behavior. Existing programs of thoughtforms at the psyche level actualize the relationship between words and deeds. They pass information through a “filter”, discarding what does not meet a specific criterion or stated goal.

The study found that positive thought forms are hundreds of times stronger than negative ones, because our brain operates with positive thoughts. Correctly formulated thoughts on the fulfillment of desires have an amazing ability to come true. The desired result is created first in thoughts — with all the details, to the smallest detail — which allows one to feel and experience it many times before it is actually realized.

The ecology of thought is focused on the oblivion of the subject of all their troubles and failures, resentment and hatred. She cultivates the need to think only with “images” of success, love and joy. This is due to the fact that thought is material, and it has a direct effect on the physical body, carrying out the energy-informational interaction of systems: man — man, personality — society, man — nature.

The potential of the "ecology of thought" directly depends on the ability to manage your feelings, especially in critical situations. Since thought forms are in an ecological framework, their orientation is rigidly determined by the need:

- think clearly, concisely and lapidary;
- to understand the essence of the matter, separating real problems from pseudo-problems;
- start solving the problem with the help of sequentially posed questions;
- control your own feelings (emotions);
- cultivate self-confidence, observing the measure;
- determine what others think and feel;
- learn to manage your thoughts, adequately evaluating negative ones.

"Ecology of thought" - an analysis of the specific situation in which a person falls. This analysis forces us to formulate seven questions, the solution of which provides a positive "dialogue" with the problem:

- what annoys me in this situation;
- why am I experiencing this event;
- what I want to change in this situation;

- how I want to change this situation;
- what purpose do I pursue;
- why the opponent behaves this way and not otherwise;
- the prevailing problem is his or my “asset”.

Solving stated issues will help materialize positive thoughts. The praxeological measurement of the state of spirituality prevents the negative possibilities of practice, orienting it towards harmony in the system “nature - individual; society is a person; man is the world.” If people understand this, then completely new horizons will open before humanity.

INTELLECTUAL KNOWLEDGE OF YOURSELF

Scientists already today are starting to come to an understanding that the laws that sense them are felt behind physical laws, for example, the quantum paradox: quanta behave like particles when they are observed, and like waves when they are not observed. **Quantum** (from Lat. Quantum - “how much”) is an indivisible portion of any size in physics. In practice, this is approaching the ceiling of intellectual self-knowledge, the path to reality that we can achieve in this world. We are at the beginning of the path to studying the essence of reality and the amazing discoveries made in science over the past 20 years. These discoveries will help to better understand how each person’s brain creates its own reality.

Our goal: to send each person along this path to his own reality.

All people imperceptibly for themselves began to move into a higher dimension. Human consciousness is very powerful. All intentions are metabolized by the physical body. Intent is a stimulant for the synthesis of receptors. For example, if you want to drink, then cellular activity is mentally synthesized and physically manifested. The body is ready to take water even before you start drinking it. How does this happen? DNA releases magnetic energy with intent, the energy of thought goes into the cell for execution - this is how the materialization of consciousness occurs. The thought is material. Awareness of thought changes DNA. Rewrites teams, gives rise to new reactions, cleanses the circulatory system. The right and left hemispheres of the brain work more synchronously. A powerful resonant field of higher harmony of positive thought forms is born. Each person is a kind of resonator. Consciousness resonates with the noosphere, gaining the necessary knowledge. “Resonate” means being tuned to the same frequency as the source of the waves generated by the noosphere.

In this century, indigo children are a clear example of a clear-cut attitude towards such radiation. They have a different attitude to current events and are better oriented in society.

We all begin to “reflect” - to realize a very high plan of our own divine structure. **What is the most important thing today?** Health! Depending on the quality of our inner “I” settings, words and thoughts affect our DNA. The swear word, negative thoughts and emotions cause a mutagenic effect (as from strong radiation exposure), which destroys the structure of the crystal lattice of water inside the body's cells. Hence all human diseases, since wave DNA receivers instantly capture the emotional coloring of the voice and react accordingly. DNA as a beacon perceives and broadcasts emotions. Scientists have found that the DNA code is not constant, genes change their position in the chromosomes in response to stressful effects, negative emotions and thoughts. The mutagenic effect of ionizing radiation was first shown in the USSR on microorganisms by G. A. Nadson and G. S. Filippov in 1925. Later it was shown in the USA by Drosophila G. D. Meller (1890–1967), and then on many other organisms. This effect is caused by the increased reactivity of the atoms present in the DNA.

I will try to explain with a few examples why visualization or mental representation is not just unnecessary dreams, but a creative process that helps a person control and direct his energy potential to create the right situation. Realizing this, a person comes to understand the essence of the brain and sees that inspiration, the ecology of thought, intuition are not something supernatural, but obey laws that can be applied by human will. Like everything known to man in the Universe, the brain forces are governed by laws that, if they are freed from scientific terminology and presented in an accessible form, everyone can understand if he simply understands that this is the ecology of thought. Modern physics considers the Universe as a limitless indivisible network of dynamic activity. She not only lives and constantly changes, but all its components influence each other. At the primary level, the Universe appears to be whole and indivisible - a kind of bottomless

sea of energy permeating every subject and every action of a person (Noosphere of Vernadsky. Biosphere).

VICTIM BEHAVIOR OF PEOPLE

One of the problems of modern man is the phenomenon of victimization. This is a specific ability of a person to become a victim of a crime in certain conditions. Victimism asserts itself at the individual, species, group and mass levels. This property (“ability”) is especially actualized in a transitional society and is directly dependent on the spiritual state of potential victims.

The French philosopher Lucien, sharing the thesis that the personality is inherently represented by a system of social relations, focuses on the fact that social relations are directly related to human behavior and, as a rule, determine it. Being included in the social world, a person is represented by a system of friendship, love, family, production, political and other relations. In this area, there are contradictions between the part and the whole, individual and general, individual and social, which creates the possibility of a problem situation. This situation suggests the need in each case to take into account the emotional and volitional motives of human behavior.

Factors that influence the spiritual development of an individual in the 21st century include a relatively new concept in the science of victimization.

Thus, we can conclude **that victim behavior is caused by a person’s spiritual imperfection.**

At each of the normative crisis stages under the conditions of anthropogenic civilization, a choice is made of a positive or negative option for the development of certain personality traits that determine a person’s life position. In people with increased victimization, a typical behavior pattern is found that is characteristic of a spiritless person. The most common victimization characteristics are as follows:

- **difficulty in making decisions;**
- **the desire to rely on advice, support from other people;**
- **the desire to bind other people to yourself;**
- **helplessness in response to criticism and disapproval;**
- **the manifestation of any initiative, accompanied by a feeling of fear;**
- **anger and aggressiveness, leaving behind a feeling of guilt;**
- **dependence on the assessment of others;**
- **lack of feelings of internal significance;**
- **lack of boundaries between one’s and another’s personality;**
- **the desire to be “good” for everyone;**
- **the manifestation of excessive concern for others, the role of the "martyr";**
- **taking responsibility for the feelings and thoughts of others;**
- **manifestation of dishonesty and double morality.**

PERSONAL SAFETY

It is advisable to consider the victim behavior of a person in sociocultural processes and analyze the general theoretical content of the main concept of victimology - victimization. The study of the properties of the subject, object, environment allows us to conclude that the concept of victimization should be considered as a property of an individual deviating from safety standards, which leads to increased vulnerability, accessibility and attractiveness of the victim of a socially dangerous manifestation. Such an understanding of victimization is based on the definition of safe behavior, on the presumption of the existence of a “victimological” norm. Security as a state or quality of protection from real or potential threats, fear, insecurity, deprivation and other deprivations plays an important role in shaping the worldview of a particular person.

Victimology is a doctrine of the victim of a crime, providing for a comprehensive study of the victim as an object of crime. Victimism answers the question: for what reason and under what circumstances a particular person becomes a victim of a crime, while other people pass this danger. Victimism asserts itself in different projections at the level of:

- the individual (the potential for a particular person to become a victim of a crime);
- type (characteristics of the victims of certain groups of crimes);

- groups (a combination of role, social, demographic, biophysical properties and qualities of victims of crime);

- the masses (the presence of a real or potential opportunity for a certain social group to become a victim of crime or abuse of power).

It is necessary to consider the concept of individual victimization, its manifestation in non-standard conditions of a transitional society, which ensures the predisposition of a certain part of people to acquire the status of a victim, as well as to explore the state of spirituality of potential victims.

Victimism (from the Latin *victima* - sacrifice) is a fairly stable personal quality that characterizes the object characteristic of the individual to become a victim of external circumstances and the activity of the social environment, a kind of personal predisposition to become a victim in those conditions of interaction with others and the effects of these others that are neutral in this regard, "Not dangerous" to other personalities.

Victimism at the individual level is understood as a deviation from the norms of safe behavior of an individual; it is also determined by the antagonism between the levels of recognition (social aspect), opportunities (mental aspect) and claims (moral aspect). The idea expressed by V.P. Konovalov that the concept of victimization as a property of an active person deviating from safety standards leads to increased vulnerability, accessibility and attractiveness of a victim of a socially dangerous appearance looks very attractive. It is based on the definition of safe behavior, on the establishment of a "victimological" norm.

It should be noted that behavior alone in the process of committing a crime cannot serve as a classification criterion for the type and characteristics of victimization. A person's personality is a complex formation that is irreducible only to one-time manifestations of social activity. It includes levels of biological, social and spiritual. Therefore, the classification's basis is the personality's activity, its social role, mental and energy potential, which assumes both the state of the organism and the potential state of the spiritual principle, providing readiness to respond to any escalation from the outside.

The behavior of the criminal and his victims are correlated and complement each other. We can say that they "play one game", taking into account the established rules. It does not matter if the parties to the conflict are aware or not aware of these rules and their readiness to follow them. The deviant behavior of one person (group of persons) creates objective prerequisites for the inclusion of new faces in the game.

The victim's behavior patterns open up certain prospects for studying the interaction of the criminal and his victim, understanding the **regularity** of victimization of the population and its subsequent prevention. This determines the need to know "in person" a person or team that passes through the register of victims of a crime. Due to what circumstances, it was he (them) who was chosen to be the victim? Are there any "faults" in this act? The word "guilt" is not accidentally quoted, because this concept cannot be interpreted in the literal sense. We are talking about guilt rather in the ethical (moral) plan, when the state and behavior of the victim are evaluated from the position of the normative pyramid of society.

The need to track victimological information with victim identity behavior is determined by the circumstances:

- the crime is often preceded by events that occurred long before the crime itself, but which are directly related to the motives and goals of the offender's behavior; these events are often associated with the identity and behavior of the victim of the crime;

- restoration of the picture of the crime, often distorted by the criminal; if the victim is not alive, then the restoration of the picture of the crime can be achieved by studying the personality and behavior of the victim;

- to evaluate the objectivity of information received from victims, it is possible only when it is well known that they are in terms of individual abilities of perception and reproduction of information and subjective attitude to the truth, desire or unwillingness to contribute to its establishment;

- research and accounting of the personal and behavioral characteristics of the victim of a crime, whose behavior provoked or otherwise contributed to the commission of the crime.

The personal qualities of the victim of a criminal assault also leave their mark on the particularities of the organization of the disclosure, investigation and prevention of crimes, as I. A. Vozgrin notes in his work.

The safety of potential victims cannot be ensured by placing a law enforcement officer near each. But crime statistics can be changed for the better by providing victim prevention, relying on improving spirituality, not declaring its capabilities, but realizing its potential as a factor in the formation of the individual's inner world.

HUMAN VALUES

The interest in the problem of universal values as the main regulators of social activity these days is quite natural. People are tired of the unknown, of the aggressive external environment, of fear for their lives and well-being, from the manifestly or implicitly manifested tendencies towards the aggressive globalization of anthropogenic civilization.

The inhumanity and cruelty of the bureaucratic system, diminishing the importance of the individual, contribute to the dehumanization of public consciousness and the formation of victim behavior.

The noted principles of a correct life, repeated in one embodiment or another in most world religions, indicate a way to neutralize the unconscious desire of people to self-destruction, to aggression and violence.

Specific individuals "as if" are intended to become a victim of a crime due to their psychological and behavioral characteristics or role specifics, as well as group affiliation. The predisposition to become a victim implies the presence of personality traits such as excessive credulity, imprudence, increased temper and irritability, aggressiveness, and in behavior - a tendency to adventurous, arrogant and unrestrained acts.

To the same group can be attributed those who lead a certain lifestyle, revolving among those who pose a danger to them. These are tramps, prostitutes, drug addicts, alcoholics, professional criminals. A very common relationship between a killer and his victim is a long and intense personal, and often intimate, relationship. Such relationships, as one of the motivating factors of domestic killings and causing harm to health, develop, as a rule, in conflict, and then in aggressive forms of behavior.

Among the forms of victim behavior preceding the killings, the victim's actions in the form of threats of violence and insult, often in a joint feast, should be highlighted. The active form of provocation is the behavior of the victim, creating a great danger to his life due to his social position, character traits or insufficient physical strength. This often happens in the army and in prisons. When committing domestic crimes, an erroneous assessment of the possible reaction of a family member who has become the object of provocation often takes place. Victims, as a rule, are convinced that family traditions or fear will deter provoked from the use of violence.

The passive form of provocation is less common than the active one, and is associated with the failure of the victim to fulfill obligations arising from social, comradesly, family, and other relations. Provocations in one form or another are most often of a prolonged nature and occur within conflict situations. A long-term unpleasant effect on the human psyche "accumulates" hatred in him and ultimately leads to the fact that some minor incident creates a violent reaction. The constant provocative behavior of the victim often precedes the killing of people in the immediate environment.

An unconscious provocation occurs when a future victim does not realize that his careless act can cause such a reaction that will lead to dangerous consequences.

However, one should not consider the fair comments of citizens to hooligans and brawlers, who, due to negative skills and deviant orientation or specific character traits, may regard this remark as an insult and a reason for revenge.

Victimological prevention is one of the most important areas in the fight against crime, when preventive efforts are realized, figuratively speaking, not from the side of the criminal, but from the side of the victim. This is the activity of law enforcement agencies, public organizations, social institutions in identifying and eliminating the circumstances that form the "guilty" behavior

of the victim, identifying people who constitute the criminal risk group, and applying preventive measures to them.

Victimological prevention can be carried out both in relation to society as a whole or to individual social groups, as well as to specific individuals. Be sure to keep in mind moral harm, since crime always infringes on the moral foundations of society. Moral harm is most widespread.

So, it can be argued that one of the problems of modern man is victimization, as a specific property ("ability") of an individual to become a victim of a crime in certain conditions.

Victimism can assert itself at the level of an individual, large or small social group. It is updated in a transitional society, which creates non-standard living conditions for people, potential victims of crime.

What is the future like?

Everyone wants to see in the future only success, victories and achievements. No normal person predicts failure and defeat to himself and his family.

Visions from the future are like a mirage in the desert, which can be materialized by the power of one's thought, faith in one's plan and hard work to realize one's dream. You need to build it yourself.

How to change future events that do not suit you?

For instance:

What is a disease? This is a conversation between God and man.

You do not have time to analyze your behavior in a particular situation or in relation to other people, so you are given a disease to think, evaluate and draw a definite conclusion.

The first mistake a person makes. He asks: "Lord, for what? Why me? Why am I suffering so much?" But you need to thank God, Fate for the pain, hardships, trials that they are destined for.

To ask for forgiveness from oneself for their mistakes, to ask forgiveness from relatives, colleagues and enemies. And then a completely different situation will come up.

Например:

How to sort your desires? Which ones will help you go further in your fate, and which ones will lead you to a dead end?

The main thing that everyone should remember is that you have to pay for everything. His health, money, material things, and even life.

We dream to have a big expensive beautiful car. And where are we going to ride it? What issues to solve, corresponding to the status of this machine.

The main mistake people make is discussion. Sparrow discusses the eagle, not knowing the specifics of eagle behavior, and at this time its energy passes to the eagle.

When answering this question, first of all, a person should clearly determine what he can do for himself by applying his mind, intellect, work, and most importantly - by assessing his geographical position. He must know what he must have and what not. One profit will bring joy, and another - grief. At one time, everyone wanted a renovation, not suspecting that renovation is much more expensive and harder than usual. So are cars: every kilometer of an expensive car's trip to the owner is more expensive than any small car.

A person should strive forward, improve, achieve, improve his not only material values, but also spiritual and intellectual. And do it with love and joy. Without breaking the rules of life of others. Be sure to think, leave your emotions.

For instance:

I work in two jobs, and you are ungrateful. We must stop, consult, think. Why stop, why think?

Here the question comes: why are we born and live on the planet?

Where can I take an example to follow if rest, rather than work, is constantly advertised on the TV screen? If a person wants to change something in his life, he must first change himself: change his attitude to the material, revise his values.

How to defeat your laziness? If a person is lazy, then fate makes its own adjustments, sending him trials and losses that make him work forcibly, based on the current situation.

The main thing is that a person must remember that he was born and lives on the planet in order to increase the supply of positive emotions. Comes naked and leaves naked. A human comes,

screaming announcing his appearance on the planet in order to increase the energy of his soul with positive emotions.

Man is created for suffering, since suffering is food for the soul (Buddha).

Each person has psychosomatic protection that helps to avoid dangerous diseases and not get into dangerous situations.

After a stroke, a person often uses obscene words in his speech. This suggests that he is at a lower level and uses the astral language.

Love and joy always dominate hatred and sadness.

If someone wished you failures, it is necessary as soon as possible to start communicating with people for whom you are an authority. Their joy of communicating with you will quickly be replaced by a cloud of negativity that has come from envious people. The mood and well-being will improve.

Be careful what you think. They attract the situation.

Only within the framework of the noosphere-integrative paradigm, which reanimates and rehabilitates secular spirituality, do hopes appear and opportunities arise for constructive solutions to the existing problems of the development of man, society, humanity; further improvement of social man and human society.

You must own your thoughts!

If your thought is positive, then your actions will benefit you. A positive thought should translate into action. You can not be lazy. Everyone should fulfill their duty, and not think about the duty and actions of other people.

No matter how hard it is, thank that it's not worse.

Vigor and patience are the rule of life.

The only goal is the ecology of thought. Believe in yourself!

Gossip, cruelty give rise to bad thoughts.

Thinking about the shortcomings of the other, you are filled with negative thoughts instead of good ones and thus increase your grief, misfortune, illness. Discourage your own well-being.

Never speak badly of others (salt is salt, you will never make sugar from it). Accept others as they are. Refuse to listen if someone is discussing someone.